**Patient Name:** SCARSELLA, CHRISTINE

**Date of Birth:** 01/21/1967

**Date of Service:** 03/28/2022

**History of Present Illness:**  
This is a 55 year-old right hand dominant female who presents for orthopedic follow-up evaluation. Patient has not tried PT and does not want to do PT and only at home.

Patient has resolved right shoulder pain.

**Past Medical History:**  
High blood pressure.

**Past Surgical History:**  
Right shoulder arthroscopy on 03/07/2022.

**Past Accident/Injuries:**

**Daily Medications:**  
Amlodipine, losartan, anastrozole.

**Allergies:**  
Codeine

**Social History:**  
Noncontributory.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Range of motion Abduction 130 degrees (180 degrees normal ) Forward flexion 170 degrees(180 degrees normal ) External rotation 70 degrees(90 degrees normal )

**Diagnostic Imaging:**  
4/14/2021 - X-rays of right shoulder: Mild degenerative changes at the acromioclavicular joint. Several small sofi tissue calcifications contiguous to the greater tubercle of the humerus suggesting calcific tendinitis or bursitis.  
  
11/17/2021 — MRI of the right shoulder: Articular surface partial thickness tear. with interstitial, extension, involving the distal supraspinatus tendon, resulting in a 4 mm defect. Diffiise tendonitis involving the remainder of the supraspinatus, infraspinatus and subscapularis tendons. Moderate impingement of the supraspinatus outlet. Subacromial/subdeltoid bursitis. Intermuscular ganglion cyst between the supraspinatus and infraspinatus muscle bellies, measuring 1.8 cm. Biceps tenosynovitis.

**Assessment and Plan:**

The patient’s Right Shoulder was examined   
MRI of the Right Shoulder was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**